

# 101 Family Friendly Trails in Utah



Tried and true hikes for families in Utah! We have hiked each one of these trails and share all the info you need to find the hike AND enjoy the journey. Click any hike to find details on [utahsadventurefamily.com](http://utahsadventurefamily.com).

## 25 SUPER SIMPLE TRAILS:

Flat, Short, Easy, Possibly Paved, but definitely simple enough for anyone.

Trail	Location	Roundtrip Distance	Fee	Completed/Date
<a href="#">Tony Grove</a>	Logan Canyon	1.0 mile	None	<input type="checkbox"/>
<a href="#">Limber Pine</a>	Logan Canyon	1.3 miles	None	<input type="checkbox"/>
<a href="#">Great Salt Lake Shorelands Preserve</a>	Layton	1.0 mile	None	<input type="checkbox"/>
<a href="#">Farmington Creek Trail</a>	Farmington	1.6 miles	None	<input type="checkbox"/>
<a href="#">Lagoon Trail</a>	Farmington	2.0 miles	None	<input type="checkbox"/>
<a href="#">Bigfoot Statue</a>	Farmington	0.5 mile	None	<input type="checkbox"/>
<a href="#">Eccles Wildlife Center Nature Trail</a>	Farmington	1.0 mile	None	<input type="checkbox"/>
<a href="#">Silver Lake</a>	Big Cottonwood Canyon	1.0 mile	None	<input type="checkbox"/>
<a href="#">Hidden Falls</a>	Big Cottonwood Canyon	0.25 mile	None	<input type="checkbox"/>
<a href="#">Temple Quarry</a>	Little Cottonwood Canyon	0.5 mile	None	<input type="checkbox"/>
<a href="#">Observation Point Trail</a>	Little Cottonwood Canyon	1.0 mile	None	<input type="checkbox"/>
<a href="#">Lisa Falls</a>	Little Cottonwood Canyon	0.3 mile	None	<input type="checkbox"/>
<a href="#">Hike the U</a>	Salt Lake City	.25 mile	None	<input type="checkbox"/>
<a href="#">Miller Park &amp; Bird Refuge</a>	Salt Lake City	1.0 mile	None	<input type="checkbox"/>
<a href="#">Poison Creek Trail</a>	Park City	2.0 miles	None	<input type="checkbox"/>
<a href="#">Bridal Veil Falls</a>	Provo Canyon	0.5 miles	None	<input type="checkbox"/>
<a href="#">Cascade Springs</a>	Alpine Loop	1.0 mile	\$6	<input type="checkbox"/>
<a href="#">American Fork Canyon Nature Trail</a>	American Fork Canyon	1.0 mile	None	<input type="checkbox"/>
<a href="#">Dripping Rock Trail</a>	Spanish Fork	1.0 mile	None	<input type="checkbox"/>
<a href="#">Devil's Kitchen</a>	Nebo Loop/Payson Canyon	0.25 mile	None	<input type="checkbox"/>
<a href="#">Payson Lakes</a>	Nebo Loop/Payson Canyon	1.0 mile	\$9	<input type="checkbox"/>
<a href="#">Provo River Trail</a>	Midway	1.0 mile	None	<input type="checkbox"/>
<a href="#">Mirror Lake</a>	Mirror Lake Highway	1.5 miles	\$6	<input type="checkbox"/>

<a href="#">Teapot Lake</a>	Mirror Lake Highway	1.0 mile	\$6	<input type="checkbox"/>
<a href="#">Cedar Canyon Walking Trail</a>	Cedar City	2.6 miles	None	<input type="checkbox"/>

## 37 EASY TRAILS:

Quick and Easy for families. Nothing over 3.0 miles, but may have a little climb.



Trail	Location	Roundtrip Distance	Fee	Completed/Date
<a href="#">McConkie Ranch Petroglyphs</a>	Vernal	0.8 mile	None	<input type="checkbox"/>
<a href="#">Fantasy Canyon</a>	Vernal	0.5 mile	None	<input type="checkbox"/>
<a href="#">Birdsong Trail</a>	Ogden	1.6 miles	None	<input type="checkbox"/>
<a href="#">Adam's Canyon Lower Falls</a>	Layton	1.5 miles	None	<input type="checkbox"/>
<a href="#">Mormon Pioneer Trail</a>	East Canyon/SLC	2.0 miles (can do more)	None	<input type="checkbox"/>
<a href="#">McPolin Farm Nature Trail</a>	Park City	1.5 miles	None	<input type="checkbox"/>
<a href="#">Provo River Falls</a>	Mirror Lake Highway	0.25 mile	\$6	<input type="checkbox"/>
<a href="#">Nobletts Hike</a>	Kamas	2.0 miles	None	<input type="checkbox"/>
<a href="#">Fehr Lake</a>	Mirror Lake Highway	1.0 mile	\$6	<input type="checkbox"/>
<a href="#">Ensign Peak</a>	Salt Lake City	1.0 mile	None	<input type="checkbox"/>
<a href="#">Mill B South Interpretive Trail</a>	Big Cottonwood Canyon	0.75 mile	None	<input type="checkbox"/>
<a href="#">Donut Falls</a>	Big Cottonwood Canyon	1.5 miles	None	<input type="checkbox"/>
<a href="#">Little Cottonwood Trail</a>	Little Cottonwood Canyon	1-4 miles	None	<input type="checkbox"/>
<a href="#">Rocky Mouth Falls</a>	Sandy	0.8 mile	None	<input type="checkbox"/>
<a href="#">Bell Canyon Reservoir</a>	Sandy	1.5 miles	None	<input type="checkbox"/>
<a href="#">Jungle Trail</a>	Draper	1.0 mile	None	<input type="checkbox"/>
<a href="#">Knight Rider Trail</a>	Highland	1.0 mile	None	<input type="checkbox"/>
<a href="#">Battle Creek Falls</a>	Pleasant Grove	1.5 miles	None	<input type="checkbox"/>
<a href="#">Buffalo Peak</a>	Provo	1.0 mile	None	<input type="checkbox"/>
<a href="#">Wardsworth Trail</a>	Hobble Creek Canyon	3.0 miles (can extend)	None	<input type="checkbox"/>
<a href="#">Pine Creek Nature Trail</a>	Midway/Wasatch Mountain	1.8 miles	\$10	<input type="checkbox"/>
<a href="#">Grotto Falls</a>	Payson Canyon/Nebo Loop	0.6 mile	None	<input type="checkbox"/>
<a href="#">Salt Creek Waterfall</a>	Nebo Loop	2.6 miles	None	<input type="checkbox"/>
<a href="#">Box Canyon</a>	Sanpete County	1.0 mile	None	<input type="checkbox"/>
<a href="#">Gordon Creek Waterfall</a>	Price	2.5 miles	None	<input type="checkbox"/>
<a href="#">Furniture Draw</a>	Emery County	2.5 miles	None	<input type="checkbox"/>

<a href="#">Willis Creek</a>	Grand Staircase Escalante	3.0 miles	None	
<a href="#">Grovesnor Arch</a>	Grand Staircase Escalante	0.25 mile	None	
<a href="#">Devils Garden</a>	Grand Staircase Escalante	0.5 mile	None	
<a href="#">Pink Ledges Trail</a>	Red Canyon/Bryce	1.0 mile	None	
<a href="#">Copper Ridge Dino Trackway</a>	Moab	0.25 mile	None	
<a href="#">Mill Canyon Dinosaur Tracks</a>	Moab	0.5 mile	None	
<a href="#">Wilson Arch</a>	Moab	0.25 mile	None	
<a href="#">Lion's Mouth Cave</a>	Cedar City	1.0 miles	None	
<a href="#">Hidden Haven Waterfall</a>	Cedar City	2.0 miles	None	
<a href="#">Cascade Falls</a>	Cedar City	1.0 mile	None	
<a href="#">Red Hollow Slot Canyon</a>	Orderville near Zion	1.0 mile	None	

## 32 MODERATE TRAILS:

Trails with lots of incline or longer length will push hikes into this category.



Trail	Location	Roundtrip Distance	Fee	Completed/Date
<a href="#">Richard's Hollow Waterfall</a>	Hyrum	3.2 miles	None	<input type="checkbox"/>
<a href="#">Wind Cave</a>	Logan Canyon	3.5 miles	None	<input type="checkbox"/>
<a href="#">Farmington Creek Waterfall</a>	Farmington	3.3 miles	None	<input type="checkbox"/>
<a href="#">Deuel Creek Waterfall</a>	Farmington	5.0 miles	None	<input type="checkbox"/>
<a href="#">The Living Room</a>	SLC	2.7 miles	None	<input type="checkbox"/>
<a href="#">Stairs Gulch</a>	Big Cottonwood Canyon	1.5 miles	None	<input type="checkbox"/>
<a href="#">Lake Solitude</a>	Big Cottonwood Canyon	3.0 miles	None	<input type="checkbox"/>
<a href="#">Lake Mary &amp; Martha</a>	Big Cottonwood Canyon	2.6 miles	None	<input type="checkbox"/>
<a href="#">Willow Heights</a>	Big Cottonwood Canyon	2.0 miles	None	<input type="checkbox"/>
<a href="#">Gloria Falls</a>	Little Cottonwood Canyon	2.3 miles	None	<input type="checkbox"/>
<a href="#">Cecret Lake</a>	Little Cottonwood Canyon	1.7 miles	None	<input type="checkbox"/>
<a href="#">Bear Canyon Suspension Bridge</a>	Draper	2.3 miles	None	<input type="checkbox"/>
<a href="#">Ghost Falls</a>	Draper	3.0 miles	None	<input type="checkbox"/>
<a href="#">Bloods Lake</a>	Park City	2.8 miles	None	<input type="checkbox"/>
<a href="#">Bourbon Lake</a>	Mirror Lake Highway	2.6 miles	\$6	<input type="checkbox"/>
<a href="#">Wall Lake</a>	Mirror Lake Highway	2.0 miles	\$6	<input type="checkbox"/>
<a href="#">Ruth Lake</a>	Mirror Lake Highway	2.0 miles	\$6	<input type="checkbox"/>

<a href="#">Pleasant Grove "G"</a>	Pleasant Grove	2.0 miles	None	<input type="checkbox"/>
<a href="#">Scout Falls</a>	Alpine Loop	3.0 miles	\$6	<input type="checkbox"/>
<a href="#">Timpanogos Falls</a>	Alpine Loop	2.5 miles	\$6	<input type="checkbox"/>
<a href="#">Stewart Falls</a>	Alpine Loop	4.0 miles	\$6	<input type="checkbox"/>
<a href="#">Upper Falls</a>	Provo Canyon	1.2 miles	None	<input type="checkbox"/>
<a href="#">Big Springs Hollow</a>	Provo Canyon	4.0 miles	None	<input type="checkbox"/>
<a href="#">Y Mountain</a>	Provo	2.5 miles	None	<input type="checkbox"/>
<a href="#">Escalante Cross</a>	Spanish Fork	2.2 miles	None	<input type="checkbox"/>
<a href="#">Ely Creek Falls</a>	Vernal	4.5 miles	None	<input type="checkbox"/>
<a href="#">Moonshine Arch</a>	Vernal	1.8 miles	None	<input type="checkbox"/>
<a href="#">Little Wild Horse Canyon</a>	Goblin Valley	5.0 miles	None	<input type="checkbox"/>
<a href="#">Wildhorse Window</a>	Goblin Valley	2.0 miles	None	<input type="checkbox"/>
<a href="#">Escalante Natural Bridge</a>	Escalante	3.5 miles	None	<input type="checkbox"/>
<a href="#">Lower Calf Creek Falls</a>	Escalante	6.0 miles	None	<input type="checkbox"/>
<a href="#">Bullion Falls</a>	Marysville	2.0 miles	None	<input type="checkbox"/>

## 7 DIFFICULT TRAILS:

We don't include too many hard hikes on our list, but these are amazing hikes. We listed these hikes as difficult and we explain why by each trail.



have

Trail	Location	Roundtrip Distance	Fee	Completed/Date
<a href="#">Lofty Lake Loop</a> : This is a tough 1000 ft. climb at a high elevation.	Mirror Lake Highway	4.4 miles	\$6	<input type="checkbox"/>
<a href="#">Shepherd and Hoover Lakes</a> : This trail has a steep drop to the lakes, so it's a big climb back out.	Mirror Lake Highway	4.25 miles	\$6	<input type="checkbox"/>
<a href="#">Moss Ledge Waterfall</a> : This trail is short, but the climb is straight up through the river. It can be very dangerous for inexperienced hikers.	Big Cottonwood Canyon	0.4 mile	None	<input type="checkbox"/>
<a href="#">Heugh's Canyon</a> : This waterfall has an extra steep climb.	SLC	3.5 miles	None	<input type="checkbox"/>
<a href="#">Horsetail Falls</a> : Lots of people hike this trail, but we thought it was a difficult climb.	Alpine	5.0 miles	None	<input type="checkbox"/>
<a href="#">Kanarraville Falls</a> : This trail is mostly flat, but it's long and through water, so it can be difficult if unprepared.	Kanarraville	4.4 miles	\$10/ person	<input type="checkbox"/>
<a href="#">Peek-a-Boo and Spooky Canyons</a> : Difficult drive to this trail and it's a tricky trail to navigate.	Escalante	4.0 miles	None	<input type="checkbox"/>